



Class Descriptions | 2011-12

NOTE ** These descriptions are to be used as a “general” guideline for the student’s class/level placement. However, as social development is truly important to one’s growth and advancement, the proper fit of class level is ultimately at the discretion of the instructor. Class levels are suggested depending upon age and years of dance experience as well as the student’s skill level & technical abilities. **

**** A / B / C dancers are strongly advised to attend classes two or more times per week! Committing to a more disciplined schedule & adhering to attendance policies will allow a more favorable learning environment, quicker progression of learned skills, and advancement. ****

Preschool Ballet/Tap/Tumbling I - Open to beginner students ages 3 & 4. This one-hour class consists of approx. 25 minutes of ballet, 25 minutes of tap, and 10 minutes of tumbling. Students will learn the basics of dance, including the positions of the arms and feet, and a few basic introductory level steps, as well as the rules of the dance room/class. Class sometimes includes “fun dance games” and singing silly songs. In the gym students will learn to become familiar with basic gymnastics equipment and practice fundamental tumbling skills.

Preschool Ballet/Tap/Tumbling II - Open to students ages 4 & 5 with previous dance experience. This one-hour class consists of approx. 25 minutes of ballet, 25 minutes of tap, and 10 minutes of tumbling. Students will review the basics of dance, including the positions of the arms and feet, and expand on their knowledge of fundamental steps. Class sometimes includes “fun dance games” and singing silly songs. In the gym students will continue to become familiar with basic gym equipment and practice fundamental tumbling skills.

Kinder Ballet/Tap/Tumbling I & II -

Kinder I - is open to students that are 5-6 years of age with no prior dance experience.

Kinder II - is open to students who are 5-6 years of age who have completed Preschool II &/or Kinder I level classes.

This one-hour class consists of approx. 25 minutes of ballet, 25 minutes of tap, and 10 minutes of tumbling. Students will expand on their knowledge of the basic body positions as well as develop upon the fundamental steps achieved in preschool classes. Students will also begin to increase their ability to memorize dance combinations and create their own combinations of creative dance movements. Class sometimes includes “fun dance games” and singing silly songs. In the gym students will practice basic tumbling skills and use equipment such as hula-hoops and ribbons for creative movement activities.

Kinder Jazz I & II - Open to students that are 5 & 6 years of age. This 45-minute class consists of lessons in stretching and strengthening as well as the basics of jazz dance. Students will learn isolation movements along with introductory jazz steps to fun and energetic popular music.

Elementary I Ballet/Tap - Open to students between the ages of 6 and 8. This one-hour class consists of approx. 30 minutes of ballet and 30 minutes of tap. Students will expand on their knowledge of basic steps and continue to develop their ability to memorize and create dance combinations. Students will also find themselves beginning to adapt to a slightly more structured dance class. Class sometimes includes “fun dance games” and silly songs.

Elementary I Jazz - Open to students between the ages of 6 and 8. This 45-minute class consists of lessons in stretching and strengthening as well as the basic movements of jazz dance. Students will learn isolation movements along with expanding their knowledge of basic jazz steps & choreography to today’s popular music.



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Elementary Ia Ballet/Tap or Jazz - Open to students between the ages of 6 and 8 who have completed Elementary I dance classes. The one-hour Ballet/Tap class consists of approx. 30 minutes of ballet and 30 minutes of tap. The Elem.Ia Jazz is a 45-minute class. Elementary Ia adds to & hones the skills learned in previous Elementary I classes. Elementary Ia also better prepares the student for the added challenges of Elementary II. Students will expand on their knowledge of basic steps at a faster pace and continue to develop their ability to memorize and create dance combinations. Students will also find themselves beginning to adapt to an even more structured dance class. Class sometimes includes “fun dance games” and silly songs.

Elementary II Ballet/ Tap - Open to students ages 7 - 9 who have completed Elementary I/Ia dance classes. This one-hour class consists of approx. 30 minutes of ballet and 30 minutes of tap. Students will continue to expand on their knowledge of dance material & terminology. Students at this level will begin to adapt to a more disciplined & advanced level of dance class. This class will also include more in-depth instruction on the art of dance performance.

Elementary II Jazz - Open to students ages 7 -9 who have completed Level Elementary I/Ia. This 45- minute class consists of lessons in stretching and strengthening as well as more developed movements of jazz dance. Students will learn isolation movements along with expanding their knowledge of jazz steps to the fun & popular music of today. Students will also continue to develop their ability to memorize and create dance combinations. The class will also include more in-depth instruction on the art of dance performance.

Intermediate I Ballet/ Tap -Open to students ages 8 - 10 who have successfully completed Level Elementary II Ballet/Tap Classes. This one-hour class consists of approx. 30 minutes of ballet and 30 minutes of tap. Students will continue to expand on their knowledge of dance material. Students at this level will begin to adapt to a more disciplined & advanced level of dance class. This class will also include more in-depth instruction on terminology & definitions & the art of dance performance.

Intermediate I Jazz - Open to students ages 8 -10 who have successfully completed Level Elementary II Classes. This 45-minute class consists of lessons in stretching and strengthening as well as more developed movements of jazz dance. Students will learn isolation movements along with expanding their knowledge of jazz steps to the fun & popular music of today. Students will also continue to develop their ability to memorize and create dance combinations. The class will also include more in-depth instruction on the art of dance performance.

C I & II Ballet - Open to students ages 9+, who have completed Intermediate Level Classes & are prepared for more “serious” Dance training. This one-hour class focuses on the instruction of a more advanced dance class & structure. Classes will include stretching and strengthening, ballet barre, and floor work. Students in this class will expand their knowledge of ballet movement; including body positions, steps, and ballet terminology. Students will also continue to develop their ability to memorize dance combinations and create choreography. The class will also include more in-depth instruction on the art of dance performance.

C I & II Tap - Open to students ages 9+, who have completed Intermediate Level Classes & are prepared for more “serious” Dance training. This 45-minute class focuses on the instruction of a more advanced dance class. Students in this class will expand their knowledge of Tap steps at a quicker pace. This class is designed to define the use of tempo and rhythm in the art of tap dance as well as develop the ability to memorize & re-create choreography at a higher level. The class will also include more in-depth instruction on the art of dance performance; including theatrical & hoofing styles.



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C I/II Jazz - Open to students ages 9+, who have completed Intermediate Level Classes & are prepared for more “serious” Dance training. This one-hour class focuses on the instruction of a more advanced dance class. Classes will include stretching and strengthening, as well as fun hip hop, theatrical, traditional & lyrical jazz combinations to energetic, popular music. Students will also continue to develop their ability to memorize dance combinations and create choreography. The class will also include more in-depth instruction on the art of dance performance.

Lyrical C I/II. - This class is open to students in level C. Ages 9+ Lyrical dance is a fusion of ballet & jazz dance techniques. This class will challenge our students to use dance movement to interpret music and express emotion. We will encourage our dancers to use dance in an attempt to show the meaning of the music. Lyrical is a very passionate and emotional dance style. It portrays certain emotions and tells a story through every movement made.

Theatre Performance - This class is open to all Level "ABC" students who are currently enrolled in at least two of the three disciplines: Ballet, Tap, AND Jazz classes! This, fast paced, hour-long class introduces the serious, artistic student to the world of the ARTS. This class creates a "TRIPLE THREAT"; including Acting, Singing, and Dancing! We continue to build on the student's knowledge of Broadway Musicals & the Entertainment Industry in general and develop the student's understanding of integrating dance with theatre. We explore the arts through studying musicals, learn theatrical skills through games & improvisation, and continue to encourage the building of self-confidence & creative expression. Select musical pieces are taught & memorized.

B I, Ia & II Ballet - Open to students ages 10+ & who have successfully completed level 'C II' or who have been properly evaluated & advanced by the dance program director or a member of our Dance Staff. These one-hour to one-hour & fifteen minute classes focus on a more advanced dance class & structure. Through this class's instruction, students will gain a better understanding of the commitment & dedication needed to obtain proper training in this beautiful art form. Classes will include conditioning, ballet barre technique, center & across the floor work. Knowledge will expand in the areas of general movement, body positions & terminology. Students will also continue to develop their ability to memorize dance routines & variations and create choreography.

Pre-Pointe - Open to students currently studying Ballet in Level C II & above. This class is designed to focus on strengthening the legs & ankles in preparation for Pointe shoes! In order for dance students to be considered for pointe shoes, students are required to be at least 12 years old, taking TWO ballet technique classes per week, & currently enrolled & studying in Pre-Pointe. Students have the opportunity to “earn” Pointe shoes by the middle of their 2nd year in Pre-Pointe. Students must show development in strength of the feet, ankles and legs, understand correct body placement, posture and aplomb, as well as show determination, interest & maturity in wanting to move to this next level in their dance career.

**** The decision of placing a student on Pointe shoes will be made solely by the dance instructor(s) and based on careful evaluation of age, maturity, physical strength, and technical ability of the potential student. ****

B I, Ia & II Tap - Open to students ages 10+, who have successfully completed level 'C II' or who have been properly evaluated & advanced by the dance program director or a member of our Dance Staff. This 45-minute class focuses on the instruction of a more advanced & technical dance class. Students will expand their knowledge & ability of Tap technique at a more complex pace! This class is designed to define the use of tempo and rhythm in the art of tap dance as well as develop the ability to memorize & re-create choreography at a higher level. The class will also include more in-depth instruction on the art of dance performance; including theatrical & hoofing styles with more intricate foot work.



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A/B/CII Jazz I - Open to students ages 10+ who have successfully completed level 'C1', students who take only Jazz classes or who have been properly evaluated & placed by the dance program director or a member of our Dance Staff. This one-hour class focuses on the instruction of a more advanced dance class. Classes will include stretching and strengthening, as well as fun hiphop, theatrical, traditional & lyrical jazz combinations to energetic, popular music. Students will also continue to develop their ability to memorize dance combinations and create choreography. The class will also include more in-depth instruction on the art of dance performance.

A/BII Jazz II - Open to the serious & more experienced dance students ages 13+. All students who register for this class MUST take a Ballet Class IN ADDITION to Jazz, as well as have been properly evaluated by the dance program director or a member of our Dance Staff. This one-hour class focuses on the instruction of a more advanced dance class. Classes will include stretching and strengthening, as well as fun hip hop, theatrical, traditional & lyrical jazz combinations to energetic, popular music. Students will also continue to develop their ability to memorize dance combinations and create choreography. The class will also include more in-depth instruction on the art of dance performance.

A I & II Ballet - Open to **serious** ballet students ages 13+, who have successfully completed Levels BI/II or have been properly evaluated by the dance program director or a member of our Dance Staff. This class focuses on the most advanced dance class & structure KMC DANCE has to offer. Through this class's instruction, students will gain a better understanding of the commitment & dedication needed to obtain proper training in this beautiful art form. Classes will include conditioning, ballet barre technique, center & across the floor work and learning ballet variations. Knowledge will expand in the areas of general movement, body positions & terminology. Students will also continue to develop their ability to memorize dance routines & variations and create choreography.

Pointe - Open to students currently studying in Level A I & II, and B II Ballet Classes, who are "en pointe". These students are required to have completed two or more years of Ballet B &/or A instruction and are at least 13 years of age. Students are also required to attend 2 or more A/B Ballet classes per week. This class is designed for the more serious student, focusing on proper technique & movement.

A I/II Tap - Open to students ages 13+, who have successfully completed Levels BI/II or have been properly evaluated by the dance program director or a member of our Dance Staff. This 45-minute class focuses on the instruction of a more advanced & technical dance class. Students will expand their knowledge & ability of Tap technique at a more complex rate. This class is designed to define the use of tempo and rhythm in the art of tap dance as well as develop the ability to memorize & re-create choreography at a higher level. The class will also include more in-depth instruction on the art of dance performance; including theatrical & hoofing styles with more intricate foot work.

Lyrical - Lyrical dance is a fusion of ballet & jazz dance techniques. This class will challenge our students to use dance movement to interpret music and express emotion. We will encourage our dancers to use dance in an attempt to show the meaning of the music. Lyrical is a very passionate and emotional dance style. It portrays certain emotions and tells a story through every movement made. This class is open to students in levels AI/II, BI/Ia/II.

Modern - These classes are open to students in Levels A/B/C II and CI/Inter. Modern classes consist of artistic expression and technical control that combines elements of force, time, space and locomotor movements. Students train to grow a better awareness of pulse, underlying beat of rhythm and musical phrasing. This discipline of dance develops and increases control, coordination and endurance. Modern dance is a dance style that centers on a dancer's own interpretations instead of structured steps, as in traditional ballet dancing. This dance form also encourages dancers to



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use their emotions and moods to create their dancing. This class will also teach students to understand the use of gravity and its effect on the dancer's body.

Rhythmic Tap - Open to Level A, B, CII Students. This class provides tap dancers with a more grounded approach to tap dance. Dancers dance primarily with their feet and create a louder and more syncopated sound. Students will learn how to keep and create new and exciting rhythms and patterns with their feet!

Little Hip Hop/ Breakers - Open to "B-Boys and B-Girls" ages 4 - 6. The popularity of break dancing is exploding! Many think that breakin' went out with the 80's, but if you participate in this class you will soon discover that's far from the truth. In this class basic footwork, freezes and style will be taught. This is a comfortable class for all levels to enter a dance studio and explore the world of breakin'.

Beginner Hip Hop/ Breakers - Open to "B-Boys and B-Girls" ages 7+. The popularity of break dancing is exploding! Many think that breakin' went out with the 80's, but if you participate in this class you will soon discover that's far from the truth. In this class basic footwork, freezes and style will be taught. This is a comfortable class for all levels to enter a dance studio and explore the world of breakin'.

Int./Adv. Hip Hop/ Breakers - Open to "B-Boys and B-Girls" with experience in dance ages 12+. The popularity of break dancing is exploding! Many think that breakin' went out with the 80's, but if you participate in this class you will soon discover that's far from the truth. In this class basic footwork, freezes and style will be taught. This is a comfortable class for all levels to enter a dance studio and explore the world of breakin'.

Adult II Jazz & Tap - These classes are designed for adult students WITH experience in Tap and/or Jazz! Come join the fun and dance/socialize/exercise with non-competitive class members!

Beg. Teen/Adult Jazz, Tap, & Ballet - No experience necessary!!

These classes are for beginner level teen and adult students! Our approach is to encouragingly introduce any & all forms of dance in a comfortable, non-pressured learning environment.

Acting I - Open to "Actors and Actresses" ages 6 - 11. This class touches on the basics of acting, with an emphasis on warm-ups and improvisational games. In this class, students will also work on developing characters through monologue and short scene study, depending on their age group.

Acting II - Open to "Actors and Actresses" ages 12+. This class touches on the basics of acting, with an emphasis on warm-ups and improvisational games. In this class, students will also work on developing characters through monologue and short scene study, depending on their age group.

Latin Jazz Fusion - Class description coming soon...



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Don't forget what other goodies KMC DANCE offers...

We can arrange for
special Dance Birthday Parties!

&

30, 45, or 60 minute private or semi-private lessons!